



## **Intuitive Reading**

1/17/18

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Hello Sistar!

This is what your Guides wanted you to hear today. I'm going to relay this as purely as possible, without trying to make it make sense, especially to me. Here's what they say:

### **Current Situation**

I have to tell you, knowing where you are in life, I really resisted this reading. I thought...maybe it's for me, maybe it's a mistake. But, Sistar, this does not happen.

Your Guides, for whatever reason, are telling you this is a time to rest. No matter where I look, it's the same message: rest rest rest, trust trust trust. All is in divine timing, there is no need to forge ahead.

Although I was concerned while reading, as I type, I get the sense that this may provide some relief for you. You have been feeling that your external expectations are not aligned with your internal knowing. But you have Surrendered this knowing to learn something new, to shift to a new way.

Your Guides want me to let you know they are so so proud of you for making the decision to step out of your norm, out of your comfort zone, to push yourself beyond yourself for something bigger than yourself. They are suggesting that while the novelty of this experience has been very nourishing for you in many ways, there is a caution to pay attention to. There can be too much. Too much of a good thing, too much success, too much setting the important things aside for the gain... Although recent environments/perspectives may have implied time is short, this is only an illusion for their own personal gain. **YOU OWN YOUR OWN TIME.**

Begin taking control by choosing how you use your time based on your own values and priorities, not others'.

## Your Medicine

Babe, your Guides suggest what is most needed right now is a hall pass. Something like parole. Ha. There is a feeling of a voluntary imprisonment that has taken the light from you. Your Guides are calling you to remember that this is voluntary, and that the Power in that is that it is your **choice**. And at any moment, you can make another choice.

Release the need to be loyal for loyalty's sake, faithful for faithful's sake, consistent for consistency's sake, etc. **CHOOSE**. Do you. **What do you want, Sistar?**

There is an implication you are taking too many directives from outside of yourself. Your Guides are encouraging you to Trust the timing of inspired action, go outside and let the light in--release yourself from your self-imposed prison, and **decide what you want for yourself before moving forward with any other actions**.



## Let me know how this Medicine tastes:

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